

# LEELANAU COUNTY SENIOR SERVICES

*Leelanau County Senior Services is collaborating  
with ShareCare of Leelanau, Inc  
to provide informational sessions that will educate  
and empower seniors in our community.*

*These sessions are held at various places around the county,  
are open to the public and are free of charge.*

*Members of ShareCare can provide transportation.*

*Reservations are needed.*

*Please call the Senior Services office at 256-8121 or ShareCare at 256-0221  
for more information or to reserve your spot.*

## **Surviving the Holidays!**

**Sharon Neumann, Munson Bereavement Coordinator**

How to approach the holiday season after the loss of a loved one.  
After lunch, experience the stress reducing benefits of adult coloring.

**Wednesday, October 26, 2016**

11:00 a.m. to 1:00 p.m.

Lunch (from Subway) included.

Community Meeting Room –  
Lower Level of the Government Center.